STANDARD 10-DAY *AT HOME* QUARANTINE

HOW LONG TO KEEP AWAY FROM OTHERS (QUARANTINE) IF YOU’RE A CLOSE CONTACT* TO SOMEONE WITH COVID-19.

QUARANTINE FOR 10 DAYS

START QUARANTINE

DAY 0
LAST DAY OF EXPOSURE

RETURN TO ALL ACTIVITIES

DAY 11
RETURN TO NORMAL ACTIVITIES

SELF-MONITOR

1 4

MONITOR FOR SYMPTOMS

11

MONITOR FOR SYMPTOMS

12 13 14

RETURN TO ALL ACTIVITIES

REFRESH A CLEAN MASK BETWEEN USE FULLY VACCINATED

*CLOSE CONTACT IS DEFINED AS WITHIN 6 FEET FOR 15 CUMULATIVE MINUTES WITHIN A 24-HOUR PERIOD OF SOMEONE WITH A CONFIRMED CASE OF COVID-19 (MASKED OR UNMASKED).
7-DAY SHORTENED AT HOME QUARANTINE

HOW LONG TO KEEP AWAY FROM OTHERS (QUARANTINE) IF YOU'RE A CLOSE CONTACT* TO SOMEONE WITH COVID-19:
- STAFF AND STUDENTS ELIGIBLE

QUARANTINE FOR 7 DAYS

START QUARANTINE

DAY 0
LAST DAY OF EXPOSURE

NEGATIVE TEST

RETURN TO SCHOOL

RETURN TO ALL ACTIVITIES

SELF-MONITOR

MONITOR FOR SYMPTOMS

- NEGATIVE TEST RESULT* NEEDED ON OR AFTER DAY 5 TO BE RELEASED FROM QUARANTINE AS EARLY AS DAY 8
- IF TEST RESULTS ARE NOT RECEIVED BY THE QUARANTINE RELEASE DATE (DAY 8), THE STUDENT SHOULD REMAIN IN QUARANTINE UNTIL THE NEGATIVE TEST RESULT IS RECEIVED OR DAY 11, WHICHEREVER COMES FIRST.
*CLOSE CONTACT IS DEFINED AS WITHIN 6 FEET FOR 15 CUMULATIVE MINUTES WITHIN A 24-HOUR PERIOD OF SOMEONE WITH A CONFIRMED CASE OF COVID-19 (MASKED OR UNMASKED).
**7-DAY MODIFIED IN SCHOOL QUARANTINE**

- ONLY FOR ASYMPTOMATIC STUDENTS IN A SUPERVISED SCHOOL SETTING
- BOTH CLOSE CONTACT AND CASE MUST BE MASKED DURING EXPOSURE

**QUARANTINE FOR 7 DAYS**

- **START QUARANTINE**
- **DAY 0** LAST DAY OF EXPOSURE
- **NEGATIVE TEST #1**
- **NEGATIVE TEST #2**

**SELF-MONITOR**

- **RETURN TO ALL ACTIVITIES**
- **MONITOR FOR SYMPTOMS**

**TEST #1:** STUDENT SHOULD TEST AS SOON AS POSSIBLE AFTER LEARNING ABOUT THEIR EXPOSURE.

**TEST #2:** STUDENT NEEDS NEGATIVE TEST ON OR AFTER DAY 5

**STUDENTS WHO DO NOT MEET THE TESTING TIMELINE MUST STOP ATTENDING IN-PERSON CLASS & SWITCH TO 10-DAY QUARANTINE**

**STUDENTS MAY ATTEND BEFORE- & AFTER-SCHOOL PROGRAMS THAT ARE LOCATED ON THEIR OWN SCHOOL CAMPUSES.**

**NO SPORTS. NO HIGH-RISK ACTIVITIES (E.G., WIND INSTRUMENTS, CHOIR). NO PARTICIPATION IN ANY OTHER EXTRACURRICULAR OR COMMUNITY ACTIVITIES UNTIL DAY 11.**